

Cetacean Sanctuary Research CSR; COVID-19 strategy

In an effort to slow down the spread the COVID-19, many countries may apply temporary restrictions on travel from other countries. These possible restrictions are subject to a continuous evaluation of the epidemiological situation by countries and they change frequently.

Advice for those travelling to and in Italy

You can find real-time information for travellers at

<https://www.salute.gov.it/portale/nuovocoronavirus/homeNuovoCoronavirus.jsp?lingua=english>

Please check also:

- the European Commission [Re-open EU web platform](#) which shows real-time information on borders, available means of transport and tourism services in the Member States
- the European Centre for Disease Prevention and Control (ECDC) <https://www.ecdc.europa.eu/en/covid-19-pandemic>

If showing possible symptoms, you may contact the **COVID-19 hotline by dialing +39 1500** for guidance on testing and referral for medical care. **In case of emergency in Italy dial 112 or 118.**

Measures taken by the Tethys Research Institute - CSR

Please note that all of the measures are subject to change. Measures not listed here may be implemented if this is deemed necessary.

In order to be able to participate in the CSR it is necessary to present a negative result of antigen test taken within the last 72 hours before arrival aboard.

Any participant not fulfilling this requirement (negative test) will not be allowed to join our team.

In case someone failed to take the Covid-test in the 72 hours prior to boarding, it is possible to take an antigen test (rapid test) in a laboratory in Sanremo, the town where our research boat is moored.

Please be aware that all laboratories require a booking in advance.

Laboratories and pharmacies performing Antigen Covid-test in Sanremo:

- An antigen test costs about 15 €
- The result will be available within 1 hour
- The labs and pharmacies below are closed on Sunday.
- Please note: a booking is mandatory; contact the testing centre in advance for an appointment.
- Usually somebody among their staff speaks English.

Fisiomed – Corso Felice Cavallotti, 22, 18038 Sanremo (IM), Italy. The booking can be made by telephone: +39 0184 634450, +39 3662777317 or by e-mail info@ambulatoriofisiomed.com

Farmacia Nola – Corso Imperatrice 9/11, 18038 Sanremo (IM), Italy. The booking can be made by telephone: +39 0184 578174 (only if not showing symptoms)

Farmacia Salus – Via Roma 103, 18038 Sanremo (IM), Italy. Phone number: +39 0184533029

PCR Test: Synlab Il Baluardo – VIA GIOBERTI 39, 18038 Sanremo (The booking can be made by phone: +39 0184 545119 at the cost of 53 - 55 Euro).

The key measures implemented by the CSR are listed below:

- Only people who have completed and signed this SELF-DECLARATION FORM FOR ACCESS TO THE BOAT will be admitted on board
- Every morning all CSR team members and participants will have their body temperature taken and logged
- Alcohol-based hand sanitizer dispensers will be available in different points of the boat
- The best and most consistent way of preventing the spread of the coronavirus—and reducing risk of contracting it— remains washing your hands with soap and water as a first choice, and avoiding touching your face as much as possible
- Participants are kindly required to bring their own bedsheets and towels (laundry facilities are locally available)

Please be aware that any participant showing possible Covid symptoms may be subject to restrictions while aboard (isolation in his/her cabin) and disembarked at the first convenient harbour, where he/she will have to take a Covid-19 test in a pharmacy or lab. Participants will be admitted aboard again only if testing negative. For those unfortunately testing positive, Sanremo and the entire coast bordering the study area offers several hotels or B&B.

The safety of our staff and project participants is our top priority. Our researchers will take the utmost precaution to help participants having a safe, educational and enjoyable experience at the CSR.

PLEASE, participants in the Cetacean Sanctuary Research project should sign the declaration it or take a picture with a cell phone and send it to tethys@tethys.org before getting to Italy.

I, _____, participating in CSR
cruise____, from ____/____/____ to ____/____/____ declare that **I have read and I have understood the CSR research cruise briefing and the measures taken by the Tethys Research Institute – CSR in response to Covid-19 and I will adhere to them during my stay at the CSR.**

Sincerely yours,

Signature

Date (dd/mm/yyyy)